

Back To Cool #6

Human Anger

James 1:19-22

- I. The message here is very straightforward. There are some key anger prevention suggestions in this passage.
- A. _____ intently helps to know better how to respond. V. 19
 - B. Careful _____ selection helps to tone down our response. V. 19
 - C. It is important that we have a high anger _____ in dealing with others. V. 19
 - D. Our human anger does not lead either us or other people to live _____ lives. V. 20
- II. The context of this passage is responding to God's _____ in our lives. V. 21-22
- A. We must humbly look for what God is trying to _____ through our exchanges with others. V. 21 I refer to these as "trigger points" of our anger.
 - B. God wants to change us into the image of _____. His Word can help this to be accomplished. V. 21
 - C. Putting God's Word into _____ in our lives brings about real change not just in us but also in others. V. 22
- III. Here are some applications for this passage.
- A. If your anger comes with _____ from your history, there may be some forgiveness needed in order to lower the "trigger point" for your anger.
 - B. Memorize passages in _____ that deal with issues that tend to trigger your anger.
 - C. Remind yourself of these truths when confronted with _____ situations.
 - D. Always keep the _____ of what God wants to do, in you and in others, fresh in your mind.